



*Your Custom-Made*

*HNT Itinerary Awaits...*

At HNT, we specialize in creating and guiding private custom-made tours around Hokkaido in every season. Our passion for travel, attention to detail and love of Hokkaido will guide you to one of the best holidays of your life!

Find out why guests consistently rave about our tours and honor us with 5-star ratings. We not only care about your holiday, we're right there with you, offering complete logistical support, dedicated English-speaking nature guides and private transportation on every tour.



*Enjoy Nature. Be Happy!*

## Tour Synopsis

This 7-day, active hiking tour is a fantastic combination of intermediate level hikes, top sightseeing and nature activities. You'll feel completely immersed in Hokkaido's plentiful nature, including canoeing at Kushiro marshland, hiking up active volcano, exploring hidden gorges, dipping in wild & hotel hot springs, and of course, enjoying fantastic gourmet cuisine at hotels, local restaurants and seafood markets. Two overnights worth mentioning are at a traditional ryokan with fish owl and sable wildlife viewing, as well as a hut stay to see the nation's earliest sunrise atop a mountain peak! All of the hikes and activities can be tailored to your needs and preferences, so you needn't feel worried about overextending yourselves. We're sure you're going to have an unforgettable tour, and will want to return again in a different season.



## Highlights of the Tour

- ✓ Tour guided by an English-speaking nature guide with private transportation
- ✓ Guided intermediate-level hikes throughout the tour, including volcano summits, highland plateaus, traverses, waterfall trails & more
- ✓ Delicious Hokkaido gourmet, with fantastic hotel/ryokan meals, visits to seafood markets and our recommended Michelin-star & local restaurants
- ✓ A pleasant mix of sightseeing & nature activities such as Akan Lake District, Sapporo, Kushiro Marshland canoeing & more
- ✓ Stay at our recommended 3/4 star hotel, ryokan & onsen resort accommodations, including at least 1 night at a traditional ryokan with kaiseki dinner
- ✓ A nice variety of famous sightseeing spots and off-the-beaten-path locations



### Hokkaido Nature Tours

2-6- 7-83 Ishiyama, Minami-ku, Sapporo, Hokkaido, Japan  
Travel License No.: 3-718  
(+81)11-592-3959 2

## Tour Route

Day 1: Chitose → Mt. Tarumae →  
Hoheikyo Onsen → Sapporo

Day 2: Sapporo → Uryu → Asahidake  
Onsen

Day 3: Asahidake Onsen → Mt.  
Kurodake Hut

Day 4: Mt. Kurodake Hut →  
Asahidake → Sounkyo Onsen

Day 5: Sounkyo Gorge → Akan Lake District → Yoroushi Onsen

Day 6: Yoroushi Onsen → Mt. Meakandake → Lake Akan

Day 7: Lake Akan → Kushiro Marshland → Kushiro → Kushiro Airport



## Why Travel with Us?

- ✓ Unforgettable private tours in Hokkaido with an English-speaking guide & private transportation
- ✓ Carefully selected, never outsourced, enthusiastic and highly-experienced nature guides with insider knowledge of Hokkaido
- ✓ Award-winning, uniquely crafted, custom-made itineraries built around your personal preferences
- ✓ Complete logistical support and itinerary creation from our HNT travel experts, which means no middle-man costs and the most competitive prices
- ✓ Superior flexibility during your tour with the ability to change activities as you go, as well as refund policies for missed activities beyond your control

## Guest Information

Name & No. of Guests	Activity Preferences	Pace of Tour
Sample 2 pax	Summer Gourmet, Hot Springs, Hiking & Trekking, Adventure Activities, Daisetsuzan National Park, Crafts Culture & Cooking	Very Active
Tour Dates	Personal Preferences	Budget
7 Day Tour, June - September	Sample	Flexible-budget
Country of Residence	Tour Starting & Ending Points	Splurge
Sample	This itinerary assumes morning pick-up from New Chitose Airport on Day 1 <b>(please confirm flight details)</b> & mid-day drop-off at Kushiro Airport on Day 7	Nature Activities, Accommodation, Gourmet, Health & Relaxation

## Your Custom-Made Tour Itinerary

### Day 1: Chitose, Mt. Tarumae, Jozankei & Sapporo

**Pick-up at New Chitose Airport** Our guide will be waiting at the arrival gates to begin your tour; **please confirm flight details**

#### Mt. Tarumae & Mt. Fuppushidake Hike

The trail starts at the 7<sup>th</sup> station parking lot, from where the 1 hour hike to the crater rim begins. The hiking trail is well-defined and has steps leading to the top. Once on the crater rim, we can circumnavigate the crater (2.5 hrs.), and can add the side peak of Mt. Fuppushi (2.5 hrs.) and/or head into the heart of the volcano to the steaming fumaroles and sulfur vents within (1 hr. hike)

**Bento Lunch** We'll have a bento lunch at the summit which can be purchased earlier in the day (self-pay)



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#### Hoheikyo Onsen

One of the best onsens in Hokkaido, Hoheikyo boasts large outdoor baths, Japanese gardens and bathtub temperature waters

#### Drive to Sapporo

Estimated driving time is approx. 1 hr.

#### Hotel-Check in

We'll do our best to reserve a downtown location

#### Dinner in Sapporo

Choose from a variety of great local & international restaurants

#### Overnight: Sapporo (breakfast included)

#### Hike #1: Mt. Tarumae & Mt. Fuppushi

Hiking Time	4-7 hrs.
Max Elevation	1,041 m.
Total Ascent & Descent	800-1,500 m.
Difficulty	Intermediate
Notable Features	Lava Dome, fumaroles, volcanic tuff, panoramic views & easy access



### Day 2: Uryu Marsh & Asahidake Onsen

#### Drive to Uryu

Estimated driving time is approx. 3 hrs.

#### Uryu Marsh & Mt. Minami Shokandake Hike

Uryu Marsh is Hokkaido's largest highland marsh and a precious ecosystem boasting a number of unique plant and flower varieties. The linked boardwalk trails make for fantastic and easy hiking, and along with waterfalls and the adjoining peak, is a hike with much variety.

#### Bento Lunch

We'll have a bento lunch at the summit which can be purchased earlier in the day (self-pay)

**Drive to Asahidake Onsen** Estimated driving time is approx. 3 hrs. 30 min.

**Shikisai no Oka** In these vast, spectacular flower gardens you can ride a tractor, buggy, or pet the alpaca at the mini alpaca farm (activities are self-pay)

**Asahidake Freshwater Spring** Fill up your water bottles at this spring known for its pure tasting water

**Hotel-Check in, Onsen & Dinner** This mountain resort is nestled at the base of Hokkaido's highest mountain, Mt. Asahidake

**Overnight: Asahidake Onsen** (dinner & breakfast included)

**Hike #2: Uryu Marsh & Mt. Minami Shokandake**

Hiking Time	5-6 hrs.
Max Elevation	1296 m.
Total Ascent & Descent	1300 m.
Difficulty	Intermediate
Notable Features	Unique flora, waterfalls, lodge facilities, endemic species & panoramic views



**Day 3: Mt. Asahidake & Mt. Kurodake**

**Asahidake Ropeway & Sugatami Highland Plateau** Ride the ropeway to the stunning Sugatami Highland Plateau at the foot of Mt. Asahidake, Hokkaido's highest peak, for beginner-level hiking to steaming fumaroles and stunning views

**Mt. Asahidake to Mt. Kurodake Traverse Hike**

This classic traverse over the northern part of Daisetsuzan National Park begins at the Sugatami Highland Plateau, as the trail ascends consistently up the

southern ridge of Mt. Asahidake, the highest mountain in Hokkaido. After about 2.5 hours, we'll be at the peak and take a break for lunch, hopefully with sweeping views in every direction. After lunch, the trail descends into a large crater, and after following the crater rim for an hour, we'll start to emerge under the Mt. Kurodake Hut, our overnight location

**Bento Lunch** We'll have a bento lunch at the summit which can be purchased earlier in the day (self-pay)

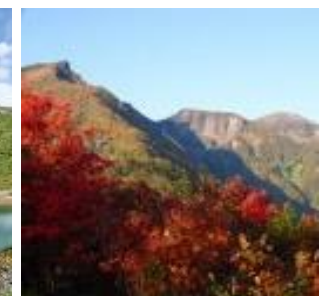
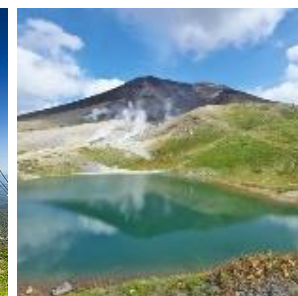
**Mountain Hut Check-in** Spend a night surrounded by nature at a mountain hut, with all sleeping equipment provided; overnight gear required; please see the What to Bring section which follows the itinerary

**Dinner at Kurodake Hut** We'll cook a simple, mountain hut dinner using gas camping stoves and supplies carried up from the bottom.

**Overnight: Kurodake Ishimuro Hut** (camping dinner & breakfast included)

**Hike #3: Mt. Asahidake to Mt. Kurodake Hike**

Hiking Time	6-7 hrs.
Max Elevation	2291 m.
Total Ascent & Descent	1400 m.
Difficulty	Intermediate
Notable Features	Hokkaido's highest peak, highland plateau, sunrise at Mt. Kurodake, mountain hut overnight, berry picking in late summer



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## Day 4: Mt. Kurodake, Asahidake & Sounkyo Gorge

**Mt. Kurodake at Sunrise** Hike for 30 minutes from the hut to Mt. Kurodake to see the sun rise over Hokkaido in the Land of the Rising Sun

**Breakfast at the Hut** Have a simple breakfast at the hut before starting the hike back to Mt. Kurodake

**Mt. Kurodake to Asahidake Ropeway via Nakadake Wild Onsen Route**  
After breakfast at the hut, we'll complete the circumnavigation of the main crater in a couple of hours, eventually reaching a saddle below Mt. Nakadake, from where we'll descend through a narrow cleft to a wild onsen, where a footbath is waiting. From there it's a further 1.5 hours back to the top ropeway station, passing numerous small ponds en route.

**Bento Lunch** We'll have a bento lunch en route which can be purchased the day before (self-pay)

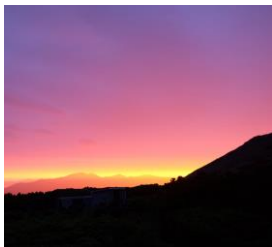
**Drive to Sounkyo** Estimated driving time is approx. 1 hr. 30 min.

**Hotel Check in, Onsen & Dinner** Located at the base of Mt. Kurodake, this resort is tucked into Sounkyo Gorge, Hokkaido's largest and most spectacular gorge

**Overnight: Sounkyo Onsen** (dinner & breakfast included)

### Hike #4: Mt. Kurodake to Asahidake Ropeway via Nakadake Wild Onsen Route

Hiking Time	6-7 hrs.
Max Elevation	2113 m.
Total Ascent & Descent	1000 m.
Difficulty	Intermediate
Notable Features	Minor peaks, wild onsen, berry picking in summer, Asahidake ropeway & numerous ponds



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## Day 5: Sounkyo Gorge, Akan Lake District & Yoroushi Onsen

### Sounkyo Gorge 8 Waterfalls Trail

Walk as much or as little of this spectacular beginner-level waterfall gorge trail as you like, with a chance at spotting deer, white-tailed eagles, harlequin ducks and other wildlife

### Drive to Teshikaga

Estimated driving time is approx. 3 hrs.

### Lunch in Teshikaga

Recommended: Japanese curry, the local specialty

### Lake Mashu Sightseeing

Gaze at the waters of the clearest lake in Japan, once rated as the clearest lake in the world!

### Mt. Iou Geothermal Park

Experience the active volcanic area of Mt. Iou, where sulfur vents billow from the ground

### Lake Kussharo Sunayu

Take a foot bath at this unique onsen beach, where the water rises up as you dig a hole in the sand

### Lake Kussharo Kotan Wild Onsen

Located on the shores of Lake Kussharo; separated bathing areas for men & women with basic changing facilities; bring your own towels

### Hotel Check-in, Onsen & Dinner

A unique experience in staying at one of Hokkaido's best traditional Japanese ryokans with a chance to spot the rare Blakiston's Fish Owl & Japanese sable

**Overnight: Yoroushi Onsen Yuyado Dai-ichi Ryokan or similar** (dinner & breakfast included)



## Day 6: Mt. Meakandake & Lake Akan

- Oakandake Mountain Pass Scenic Drive** This mountain pass has postcard views of Mt. Oakandake on a winding road connecting Teshikaga & Lake Akan
- Lake Onneto Sightseeing** Admire the blue-green color of this lake which is situated right under the active volcano of Mt. Meakandake
- Mt. Meakandake Lake Onneto Course Hike**  
Starting from the blue-green mountain-reflecting Lake Onneto, the active volcano of Mt. Meakandake offers a steep ascent, small caldera lake at the peak, powerful fumaroles and a side-hike up Mt. Meakan-Fuji, a blackened conical volcano.
- Bento Lunch** We'll have a bento lunch at the summit which can be purchased earlier in the day (self-pay)
- Lake Akan Ainu Kotan Village** Explore the Ainu village at Lake Akan, great souvenir shopping directly from the artists
- Hotel Check-in, Onsen & Dinner** One of the Hokkaido's premier lake resorts; we'll try to reserve lake view rooms
- Ainu Theater Performance** Learn about Ainu culture and their spiritual world through live ceremonial performances.
- Overnight: Lake Akan** (dinner & breakfast included)

### Hike #5: Mt. Meakandake Lake Onneto Course Hike

Hiking Time	5-7 hrs.
Max Elevation	1,499 m.
Total Ascent & Descent	1,400 m.
Difficulty	Intermediate
Notable Features	Colored lakes, active volcano, fumaroles, side-hike to Mt. Meakan-Fuji, panoramic views



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## Day 7: Kushiro Marshland & Kushiro

- Kushiro Marshland Canoeing** Enjoy a 90 minute downstream canoeing ride in Japan's largest marsh, observing a variety of wildlife & birds with a professional river guide
- Lunch at Kushiro Washo Market** Sample some of the freshest seafood in Hokkaido, with a huge variety of sashimi that you can choose per slice directly from the vendors, or choose from a variety of other seafood dishes
- Akan International Crane Center** Learn about the incredible history of the tancho cranes, one of the symbols of Japan, and their near extinction; outside of winter there are only a few resident cranes at the center (if time permits)
- Drop-off at Kushiro Airport** Estimated driving time is approx. 20 min. Unfortunately, this marks the end of our tour together . . . until next time!



## Tour Price

<b>Tour Price</b>	¥393,600 pp
<b>Sales Tax</b>	¥39,360 pp
<b>Total Tour Price</b>	¥433,000 pp
<b>5% Off Early-booking Tour Price*</b>	<b>¥411,300 pp</b>

\* Tour price is per person based on 3/4 star accommodation; please inquire directly for exact quotes for groups other than 2 pax and/or other accommodation standards

\* 5% Early-booking discount available for tours booked 3 months prior to the tour date

What is included in this tour	What is not included in this tour
<ul style="list-style-type: none"> <li>✓ Tour guided by an English-speaking nature guide</li> <li>✓ Private transportation in a 4wd vehicle</li> <li>✓ Entry and participation fees for all activities listed in the itinerary</li> <li>✓ Free or rental use of HNT mountain equipment upon availability</li> <li>✓ 5 nights at 3/4 star hotel/ryokan accommodation, including 1 night at a traditional ryokan with kaiseki dinner</li> <li>✓ 1 night at a mountain hut with mountain dinner &amp; breakfast</li> <li>✓ 5 hotel/ryokan dinners</li> <li>✓ 5 hotel/ryokan breakfasts</li> <li>✓ Hot springs entry fees and taxes</li> <li>✓ Quality photos provided following the tour</li> </ul>	<ul style="list-style-type: none"> <li>• Daily lunches</li> <li>• 1 Dinner</li> <li>• Trekking &amp; overnight gear</li> <li>• Wi-Fi (please ask us about mobile Wi-Fi or SIM card rental from New Chitose Airport)</li> </ul>

Sample Hotels for HNT Custom-Made Tours	
Zaborin Ryokan	Niseko
★ Kurumure Ryokan	Otaru / Asarigawa
5 Umi no Bettei Furukawa Ryokan	Noboribetsu
★ JR Tower Hotel Nikko Sapporo	Sapporo
The Windsor Hotel Toya Resort & Spa	Lake Toya
Ki Niseko	Niseko
Lake Shikotsu Tsuruga Resort Spa Mizu no Uta	Lake Shikotsu
Akan Yuku no Sato Tsuruga	Lake Akan
★ Lake Toya Nanokaze Resort	Lake Toya
4 Sapporo Grand Hotel	Sapporo
★ New Furano Prince Hotel	Furano
Yunokawa Prince Hotel Nagisatei	Hakodate
Dai-ichi Takimotokan Resort	Noboribetsu Onsen Resort
Asahidake Yumoto Yukomanso Ryokan	Asahidake Onsen Resort
Natulux Hotel	Furano

Hotel Niseko Alpen	Niseko
★ Asahikawa Park Hotel	Asahikawa
3 Lake Toya Sun Palace Resort	Lake Toya
★ Kushiro Castle Hotel	Kushiro
Ibis Styles Sapporo	Sapporo
Air Terminal Hotel	New Chitose Airport
Toya Kanko Hotel	Lake Toya

## Policy & Payment Information

### What to Bring

Day hiking backpack with rain cover · Windproof & waterproof jacket & pants · Winter hat · Thin gloves · Trekking boots · Trekking poles (if accustomed) · Non-cotton synthetic hiking shirts · Thick synthetic or wool socks · Thermal leggings · Water bottle · Headlamp · Sunglasses · Small towel

Please request our HNT Hiking Essentials Checklist after booking your tour. If you have any questions, ask us!

### HNT Guiding Policy

Paramount for HNT Tours is the safety and wellbeing of our guests. Our extensive experience in the mountains of Hokkaido and internationally gives us a profound respect for nature, and we may be forced to alter a tour itinerary if we encounter adverse conditions that may put our guests at risk. All tour activities in the itinerary are subject to modification depending on safety conditions. Your safety is our top priority.

### Payment Methods

Please specify your preferred payment method for the 50% deposit:

1. **Domestic Bank Transfer** (no additional charges other than remitter fees)
2. **International Bank Transfer** (subject to bank fees of ¥4,000 per transaction in addition to remitter fees)
3. **PayPal** (subject to PayPal fees of approximately 4% per transaction)



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## Deposit & Cancellation Policy

A minimum 50% deposit must be received in order to confirm your tour with us at HNT. Any cancellations by any participants made prior to 30 days before the start of a tour are eligible for a 50% deposit refund (e.g. appx. 25% of the total tour price). Any cancellations by any participants made within & including 30 days before the start of a tour are not eligible for a deposit refund. Remainder payments can be settled in advance of the tour (2 weeks prior preferred, bank transfer/PayPal) OR in cash (yen only) upon pick-up on Day 1 of the tour. Please note that tour cancellations made due to government mandated travel bans on/by Japan vis-a-vis the guest's Country of Residence will be eligible for more lenient refund policies (please inquire for details).

## Disclaimer

We take great care in creating fantastic tours for our guests which are custom-made to match their preferences. We will endeavor to follow the itinerary to the greatest possible extent. However, if changes to an itinerary must be made due to weather conditions, guest safety concerns or unexpected delays during a tour, HNT is not responsible if aspects of a tour cannot be achieved. If aspects of a tour are missed due to reasons beyond the guest's control (such as weather related, unannounced closures, etc.), a refund will be provided for any missed activities, not including any cancellation fees imposed by hotels, operators or others.

## Awards, Recognition & Social Media

2020/21 Luxury Travel Guide (LTG)  
Private Tour Company of the Year, Global Awards

2019 Travel & Hospitality Awards Winner (THA)  
Nature Tour Company of the Year, Japan

2018 Travel & Hospitality Awards Winner (THA)  
Tour Company of the Year, Hokkaido, Japan

2017-2020 TripAdvisor  
Certificate of Excellence / Travellers' Choice Awards

2017 Luxury Travel Guide (LTG)  
Shortlisted, Asia & Australasia Awards

2016 - Present: All Nippon Travel Agents Association (ANTA)  
Member, Hokkaido, Japan



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## What Our Guests are Saying

*“The most enjoyable and relaxing holiday we’ve ever experienced!” – A.W. (Indonesia)*

*“Absolutely brilliant! I would recommend these guys to anyone who wants to see the REAL Hokkaido. I was looked after with the utmost care and every one of my needs were met.” – U.Y. (England)*

*“I can’t speak highly enough of the organization: A professional guide service with a human touch, you won’t go wrong with Hokkaido Nature Tours!” – Chris Tharp (America), National Geographic Traveller UK*



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